

2024

SEPTEMBER

HUNGRY KNIGHTS CAFE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Mon-Thur- salad chef or caesar Fruity yogurt & muffin. Mon-Fri sandwich or wrap- ham or turkey. Lunch Pre-k – 5th = \$2.50, staff = \$4.00. Breakfast = \$1.20, staff = al-a-carte</p>	<p>3 Beef nachos w/cheese Yellow rice Black beans Juice Milk</p>	<p>4 Cheese burger Let, tom & pickles Baked fries Chilled fruit Milk</p>	<p>5 Fish sticks w/ biscuit Cole slaw Mac & cheese Fresh fruit Milk</p>	<p>6 Pizza Corn Carrots w/ dip Juice or fruit Milk</p>
<p>9 Hamburger Let , tom & pickles Baked fries Juice Milk</p>	<p>10 Spaghetti w/bread stick Green peas Garden salad Fresh fruit Milk</p>	<p>11 Pulled pork w/biscuit Mashed potatoes Vegetable of choice Chilled fruit Milk</p>	<p>12 Corn dogs Winter blend White beans Fresh fruit Milk</p>	<p>13 Pizza Corn Carrots w/ dip Juice or fruit Milk</p>
<p>16 Beef tacos w/ let & tom Spanish rice Pinto beans Juice Milk</p>	<p>17 Chicken & noodle w/roll Mixed vegetables Steamed broccoli Fresh fruit Milk</p>	<p>18 Sloppy joe Sweet potato fries Baked beans Chilled fruit Milk</p>	<p>19 Chicken nuggets w/biscuit Green Beans Seasoned Noodles Fresh Fruit Milk</p>	<p>20 Pizza Corn Carrots w/ dip Juice or fruit Milk</p>
<p>23 Beef nachos w/cheese Yellow rice Black beans Juice Milk</p>	<p>24 Chicken & rice w/roll Sliced carrots Chilled beets Fresh fruit Milk</p>	<p>25 Cheese burger Let, tom & pickles Baked fries Chilled fruit Milk</p>	<p>26 Fish sticks w/ biscuit Cole slaw Mac & cheese Fresh fruit Milk</p>	<p>27 Pizza Corn Carrots w/ dip Juice or fruit Milk</p>
<p>30 Hamburger Let , tom & pickles Baked fries Juice Milk</p>	<p>The U.S Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, of if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)"</p>			