

# 2024 AUGUST

## [HUNGRY KNIGHTS CAFE]

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Mon-Thur- salad chef or caesar  
Fri-yogurt & muffin. Mon-Fri  
sandwich or wrap- ham or turkey.  
Lunch  
Pre-k - 5<sup>th</sup> = \$2.50, staff = \$4.00.  
Breakfast = \$1.20, staff = al-a-  
carte

2

5

6

7

8

Corn dog  
Green Beans  
Seasoned Noodles  
Apple sauce cup  
Milk

9

Pizza  
Corn  
Carrots w/ dip  
Juice or fruit  
Milk

12

Beef nachos w/cheese  
Yellow rice  
Black beans  
Juice  
Milk

13

Chicken & rice w/roll  
Sliced carrots  
Chilled beets  
Fresh fruit  
Milk

14

Cheese burger  
Let, tom & pickles  
Baked fries  
Chilled fruit  
Milk

15

Fish sticks w/ biscuit  
Cole slaw  
Mac & cheese  
Fresh fruit  
Milk

16

Pizza  
Corn  
Carrots w/ dip  
Juice or fruit  
Milk

19

Hamburger  
Let, tom & pickles  
Baked fries  
Juice  
Milk

20

Spaghetti w/bread stick  
Green peas  
Garden salad  
Fresh fruit  
Milk

21

Pulled pork w/biscuit  
Mashed potatoes  
Vegetable of choice  
Chilled fruit  
Milk

22

Mini corn dogs  
Winter blend  
White beans  
Fresh fruit  
Milk

23

Pizza  
Corn  
Carrots w/ dip  
Juice or fruit  
Milk

26

Beef tacos w/ let & tom  
Spanish rice  
Pinto beans  
Juice  
Milk

27

Chicken & noodle  
w/roll  
Mixed vegetables  
Steamed broccoli  
Fresh fruit  
Milk

28

Sloppy joe  
Sweet potato fries  
Baked beans  
Chilled fruit  
Milk

29

Corn dog  
Green Beans  
Seasoned Noodles  
Fresh Fruit  
Milk

30

Pizza  
Corn  
Carrots w/ dip  
Juice or fruit  
Milk