

# JANUARY 2024

## Hungry Knights Cafe

### LUNCH



**Mon-Thur- salad chef or caesar Fri-yogurt & muffin.**  
**Mon-Fri sandwich or wrap- ham or turkey. Lunch**  
**Pre-k – 5<sup>th</sup> = \$2.50, 6-10<sup>th</sup> = \$2.80 staff = \$4.00.**  
**Breakfast = \$1.20, staff = al-a-carte**



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### MONDAY

**No School**

1

### TUESDAY

**No School**

2

### WEDNESDAY

**No School**

3

### THURSDAY

Chicken fajita  
 Mixed beans  
 White rice  
 Fresh fruit  
 Milk

4

### FRIDAY

Pizza  
 Corn  
 Carrots w/ dip  
 Juice or fruit  
 Milk

5

Beef nachos w/cheese  
 Yellow rice  
 Black beans  
 Juice  
 Milk

8

Chicken & rice w/roll  
 Sliced carrots  
 Chilled beets  
 Fresh fruit  
 Milk

9

Cheese burger  
 Let, tom & pickles  
 Baked fries  
 Chilled fruit  
 Milk

10

BBQ pulled pork w/ biscuit  
 Cole slaw  
 Green beans  
 Fresh fruit  
 Milk

11

Pizza  
 Corn  
 Carrots w/ dip  
 Juice or fruit  
 Milk

12

**No School**

15

Hamburger  
 Let , tom & pickles  
 Baked fries  
 Juice  
 Milk

16

Chicken nuggets w/roll  
 Mashed potatoes  
 Vegetable of choice  
 Chilled fruit  
 Milk

17

Mini corn dogs  
 Sweet potatoe fries  
 White beans  
 Fresh fruit  
 Milk

18

Pizza  
 Corn  
 Carrots w/ dip  
 Juice or fruit  
 Milk

19

Beef tacos w/ let & tom  
 Spanish rice  
 Pinto beans  
 Juice  
 Milk

22

Chicken & noodle w/roll  
 Mixed vegetables  
 Steamed broccoli  
 Fresh fruit  
 Milk

23

Mini corn dogs  
 Winter blend  
 Baked beans  
 Chilled fruit  
 Milk

24

Chicken fajita  
 Mixed beans  
 White rice  
 Fresh fruit  
 Milk

25

Pizza  
 Corn  
 Carrots w/ dip  
 Juice or fruit  
 Milk

26

Beef nachos w/cheese  
 Yellow rice  
 Black beans  
 Juice  
 Milk

29

Chicken & rice w/roll  
 Sliced carrots  
 Chilled beets  
 Fresh fruit  
 Milk

30

Cheese burger  
 Let, tom & pickles  
 Baked fries  
 Chilled fruit  
 Milk

31

