

NOVEMBER 2023

Hungry Knights Cafe

LUNCH



Mon-Thur- salad chef or caesar Fri-yogurt & muffin.
Mon-Fri sandwich or wrap- ham or turkey. Lunch
Pre-k – 5th = \$2.50, 6-10th = \$2.80 staff = \$4.00.
Breakfast = \$1.20, staff = al-a-carte



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheese burger
 Let, tom & pickles
 Baked fries
 Chilled fruit
 Milk

1

BBQ pulled pork w/ biscuit
 Cole slaw
 Green beans
 Fresh fruit
 Milk

2

Pizza
 Corn
 Carrots w/ dip
 Juice or fruit
 Milk

3

Hamburger
 Let , tom & pickles
 Baked fries
 Juice
 Milk

6

Spaghetti w/bread stick
 Green peas
 Garden salad
 Fresh fruit
 Milk

7

Oven roasted chicken
 w/roll
 Mac & cheese
 Vegetable of choice
 Chilled fruit
 Milk

8

Pizza
 Corn
 Carrots w/ dip
 Juice or fruit
 Milk

9

No School

10

Beef tacos w/ let & tom
 Spanish rice
 Pinto beans
 Juice
 Milk

13

Chicken & noodle w/roll
 Mixed vegetables
 Steamed broccoli
 Fresh fruit
 Milk

14

Sloppy joe
 Sweet potato fries
 Baked beans
 Chilled fruit
 Milk

15

Chefs Choice w/roll
 Mashed potatoes
 Green beans
 Juice/cookie
 Milk

16

Pizza
 Corn
 Carrots w/ dip
 Chefs choice fruit
 Milk

17

No School

20

No School

21

No School

22

No School

23

No School

24

Beef nachos w/cheese
 Yellow rice
 Black beans
 Juice
 Milk

27

Chefs Choice w/roll
 Sliced carrots
 Chilled beets
 Fresh fruit
 Milk

28

Hamburger
 Let, tom & pickles
 Baked fries
 Chilled fruit
 Milk

29

BBQ pulled pork w/ biscuit
 Pasta salad
 Green beans
 Fresh fruit
 Milk

30