

# BCS Knightly News

*Learning for All, Whatever it Takes.*



Berkley Charter School

## ACCEPTING APPLICATIONS

Berkley will be accepting applications November 1st through January 9th, to coincide with the district's application window, for this school year (2017-2018) for students currently in grades K-5. All applicants will be added to the current applicant pool for any possible openings that become available this school year. For those already in our applicant pool, you do not need to resubmit an application during this time. Our Open Enrollment application window, for the 2018-2019 school year, will be April 2nd - 6th.

## FLU VACCINATIONS ON CAMPUS

Healthy Schools LLC staff of nurses will be providing pediatric flu vaccinations at Berkley on November 15th from 8:10 - 10:10 a.m for students in grades K-5. More information regarding the vaccine is going home with students and being sent to parents via email. All parents, please be sure to read the Flu Vaccine Info letter and return the necessary document(s).

## PICTURE RETAKES

Lifetouch will be back November 1st for picture retakes. Anyone who missed Picture Day in September, or who was unsatisfied with how their originals turned out, has the opportunity to take them again. Order forms have been sent home or you can order online at [mylifetouch.com](http://mylifetouch.com) and use Picture Day ID: FT207157Q1.

## THAT TIME OF THE YEAR

With only two more months left of 2017, it's time to set our clocks back and get ready for some Fall-like weather. Yes, it is already that time of the year when our days become shorter than they already are. Daylight Saving Time ends at 2am on Sunday, November 5th. Remember to set your clocks back and gain an extra hour of fun or relaxation that weekend.

We'd also like to remind parents, as the weather starts to change, to write their child's name on the tags of their jackets and sweaters to reduce the number of unclaimed items in our Lost & Found collection this school year.

## SQUARE 1 ART ORDERS

November 3rd is the last day to order your child's Square 1 artwork. A sample of your child's artwork has already been sent home. You can place your order online at [square1art.com/shop](http://square1art.com/shop) using your personalized online access code or you can send your order in using the paper order form that was sent home with your child's artwork. Just make sure to submit your order by Nov. 3rd.

## FEELING THANKFUL

We'd like to thank the following businesses for contributing to our school for the 17-18 School Matching Grant Program: Anchored A/C & Heating, Custom Trade Printing, Dixie Southern Industrial INC, Florida Stucco Contractors, Idle Zone, Langford Insurance Company, Lets Hear it for the Bows, Liberty Lawn Care, Modern Me Boutique, Mulling Insurance, Newbern Family, No Limits 4x4, Pelican Snowballs, Springer Brothers AC and Heating, Stanfield Mobile Movers, and Top Hat Cleaners.

This matching grant program is made possible through the Florida Legislature, the Consortium of Florida Education Foundations, and Polk Education Foundation.

## FUN RUN 2017

Last year's Fun Run was a huge success! Students participated, they earned cool prizes, and our school got some much needed shade over our P.E. equipment. As a result, we are happy to announce Berkley's 2nd Annual Fun Run has been scheduled and is coming up December 7th. Students will bring home information the last week of November when the big Fun Run Pep Rally is scheduled to kickoff this year's events. Stay tuned for more info!

**Gaule Thomas**  
Principal

**Suzanne Martin**  
Assistant Principal

**School Hours**  
7:50-3:00

**OFFICE HOURS**  
7:30-3:30

**Morning Drop-off**  
Starts at 7:30am

**Early Dismissal**  
12:30  
(on designated days)

Next  
**Board of Directors'**  
Meeting  
Friday, Dec. 15, 2017  
@ 7am

**BERKLEY  
KNIGHTS ARE**  
Responsible,  
Respectful,  
and  
Safe



# Berkley Charter School

# November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Picture Retakes Day 3	2 Day 4	3 Square 1 orders due Freestyle Friday Day 5	4
5 Daylight Saving Time Ends	6 Day 6	7 Open Media 3:15-6pm Election Day Day 1	8 Day 2	9 Day 3	10 No School	11 Veteran's Day
12 Interims	13 Day 4	14 Open Media 3:15-6pm Day 5	15 Flu Vaccine Day 6	16 Day 1	17 Day 2	18
19	20 No School	21 No School	22 No School	23 No School Thanksgiving Day	24 No School	25
26	27 Day 3	28 Open Media 3:15-6pm Day 4	29 Day 5	30 Day 6		

### Notes:

Looking Ahead-

Dec. 22 thru Jan. 2 -- No School

# November 2017



# LUNCH



The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial status, or parental status. Orientation, of if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)"

**ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE**  
 Quick Bites=Ham or Turkey & cheese sandwich or wrap  
 Salad=Mon -Thurs Chef or Caesar, Fri = Muffin & Yogurt  
 Lunch Prices = Elem = \$2.35. Secondary & High = \$2.50  
 Breakfast \$1.10. Adult lunch \$3.75 (Adult breakfast Al -a -carte.)

## Monday



**6**  
 Hamburger  
 W Let /tom /pickle  
 Baked beans  
 Oven baked fries  
 Juice  
 Milk

**13**  
 Cheeseburger  
 W Let / tom / pickle  
 Baked beans  
 Oven Baked fries  
 Juice  
 Milk

NO SCHOOL

**27**  
 Hamburger  
 W Let /tom /pickle  
 Baked beans  
 Oven baked fries  
 Juice  
 Milk

## Tuesday

**7**  
 Chicken & rice  
 W / Roll  
 Green beans  
 Mixed vegetables  
 Fresh fruit  
 Milk

**14**  
 Chicken fajita  
 Yellow rice  
 Black Beans  
 Fresh fruit  
 Milk

NO SCHOOL

**28**  
 Chicken & rice  
 W / Roll  
 Green beans  
 Mixed vegetables  
 Fresh fruit  
 Milk

## Wednesday

**1**  
 Mini corn dogs  
 Red beans  
 Oven baked fries  
 Chilled fruit  
 Milk

**8**  
 Beef tacos  
 W Let /tom  
 Black beans  
 Fiesta rice  
 Juice  
 Milk

**15**  
 Turkey & Gravy  
 W/ Roll  
 Mashed potatoes  
 Green beans  
 Chilled fruit  
 Cookie .....Milk

NO SCHOOL

**29**  
 Beef tacos  
 W Let /tom  
 Black beans  
 Fiesta rice  
 Juice  
 Milk

## Thursday

**2**  
 Spaghetti  
 W /Bread stick  
 Steamed broccoli  
 Cauliflower  
 Fresh fruit  
 Milk

**9**  
 Pizza  
 Corn  
 Baby carrots w/ dip  
 Juice  
 Milk

**16**  
 Corn dog  
 Cole slaw  
 Mixed vegetables  
 Fresh fruit  
 Milk

NO SCHOOL

**30**  
 Lasagna  
 W / Bread stick  
 Steamed broccoli  
 Sliced carrots  
 Fresh fruit  
 Milk

## Friday

**3**  
 Pizza  
 Corn  
 Baby carrots w/ dip  
 Juice  
 Milk

NO SCHOOL

**17**  
 Pizza  
 Corn  
 Baby carrots w/ dip  
 Juice  
 Milk

NO SCHOOL





# Home & School

Working Together for School Success

CONNECTION®

November

Berkley Charter School

## SHORT NOTES

### Fall back

Does your youngster know why people in most states will turn their clocks back an hour on November 6? Help her read up on the history of Daylight Saving Time—she'll practice research skills for a real-life reason. Then, she could share what she discovers with your family and change your clocks.

### Assistant chef

Let your child help you with Thanksgiving dinner and look for ways to make it more nutritious. For instance, use whole-wheat bread for stuffing or mash cauliflower instead of potatoes. Involve him in every step of the process, and he'll learn about planning healthy meals, shopping for ingredients, and cooking.

### Put away cell phones

Whether or not your youngster uses a cell phone, she'll notice the phone habits of adults around her. Make a point of putting away your phone during meals and while talking or playing with her. Your example will show her that it's polite to give others your undivided attention—and more fun to talk to the person you're with.

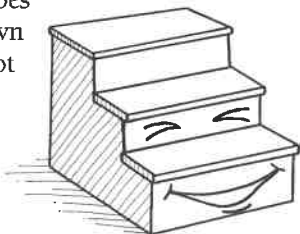
### Worth quoting

"Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why we call it the present." *Eleanor Roosevelt*

## JUST FOR FUN

**Q:** What goes up and down but does not move?

**A:** Stairs.



## Secrets to better behavior

You know what they say: An ounce of prevention is worth a pound of cure. That's true when it comes to effective discipline, too. Try these ideas for heading off problems, and then sit back and enjoy a more pleasant household.

### Notice triggers

Being aware of what causes misbehavior goes a long way toward preventing it. Perhaps your youngster acts out when he's tired—make sure he's getting 9–11 hours of sleep. Or maybe he misbehaves when he's bored. Let him write a list of activities for when there's "nothing to do" (examples: play solitaire, finger paint, do crossword puzzles).

### Offer choices

Give your child some control in situations where he struggles to behave. Does he typically grumble or whine while you're running errands? Consider letting him pick the order in which to do them. ("We need to go to the laundromat and the store. Which should we do first?") Is it hard to get him to dress



up for family events? He might like to choose the color of his shirt or pick out a pair of fun socks to wear.

### Be a coach

Coaches demonstrate, encourage, and celebrate. Why not use this approach for behavior you want your youngster to change? If he should be putting dirty clothes in his hamper, for instance, "coach" him on tossing in his T-shirts. He'll see that it's more fun to "make a basket" than to drop clothes on the floor. When you find his floor free of dirty clothes the next time, give him a high five.♥

## Questions for parent-teacher conferences

Parent-teacher conferences go by fast! Make the most of your time by writing a list of questions in advance. Consider these suggestions:

- "What are some of the most important things my child should learn this year?"
- "How does she get along with classmates when she works in a group?"
- "What subject do you think she enjoys the most?"
- "What are my youngster's strengths?"
- "What can we do at home to help her do her best in school?"♥



# Household elections

An election lets a group of people make a decision, whether it involves citizens electing a mayor or children choosing student council officers. Show your youngster democracy in action by holding elections in your home.

**1. Choose topic.** Have your child pick an issue to vote on. It could be practical (“Should we paint the bathroom green or blue?”) or fun (“Should we get a fish or a hamster?”).

**2. Campaign.** Each person can campaign for her side, presenting reasons why others should



vote her way. You may decide to make posters or give speeches to persuade family members.

**3. Create ballots.** Let your youngster make a ballot for each family member and get an empty tissue box to put the ballots in.

**4. Vote.** Select an evening for your election. Cast your votes, and your child can tally them and announce a winner.

*Tip:* Use this activity as an opportunity to talk about the national elections this month. Take your youngster with you when you vote, explain the choices you make, and watch the results together on election night.♥

## ACTIVITY CORNER

### Create a chain reaction



Your youngster can watch a chain reaction before his very eyes—all he needs is a set of dominoes.

Have him stand the dominoes in a line, making sure the distance between each one is about



the same. What happens when he knocks down the first domino? (It will topple the whole line of dominoes in turn.) Suggest that he try putting them closer together or farther apart, or even arranging them in a circle, U-shape, figure 8, or spiral. He could use a timer to find out which spacing or arrangement makes the dominoes fall fastest.

As he experiments, he'll learn about chain reactions, where energy is transferred from one object to another.

*Idea:* Encourage your child to look for examples of real-life chain reactions, such as how the pins fall when he bowls.♥

## PARENT TO PARENT

### It pays to be kind

We recently stopped to pay a toll, only to be told that the driver ahead of us had paid our way. My son John said, “But he doesn't even *know* us!”

I explained that the driver had done a “random act of kindness”—something kind without being asked or expecting anything in return. Big or small, I told John, these good deeds make the world a better place. My son said he wanted to do a random act of kindness, too. So after raking the leaves in our yard, he secretly raked our next-door neighbor's. He felt so good seeing her smile when she got home that he started looking for a way to be kind to someone else.

Now random acts of kindness have become a regular thing in our household. And John has discovered that when he does something for someone else, *he* is the one who feels good.♥



## Know your library

The local library is a great place for your child to discover books she will treasure, find information for school projects, or simply settle in and read. Help her establish a library habit with these ideas.

**Get a card.** Have your youngster sign up for her own library card. This will make her feel like she belongs at “her” library.

**Become acquainted.** Explore different sections of the library together. Encourage her to get to

know the librarians—they will recommend titles or help her locate resources.

**Return books on time.** Fines can add up and keep your family from checking out more books. Suggest that

your child decorate a reusable bag to hold books and add a sticky note with the due date. Each time she checks out books, she could replace the note with a new one—and a new due date.♥



## OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
540-636-4280 • rfeustomer@wolterskluwer.com  
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# Recipes for Success

Practical Activities to Help Your Child Succeed

NOVEMBER

## Refrigerator Poster

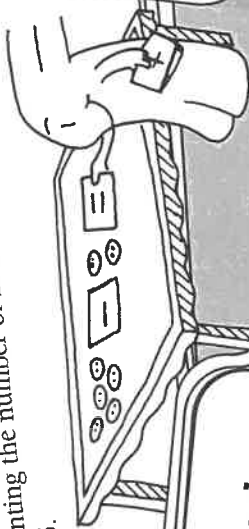
Just hang your *Recipes* poster on the refrigerator and sneak in an activity when you have a few minutes. These fun activities will help develop school success and positive behavior. Check off each box as you complete the "recipe."

### WORD PROBLEMS It's easy to see

Let your child put together her own "word problem kit" to make story problems easier to understand and solve.

**Ingredients:** small objects (buttons, coins), container, index cards, pencil

Have your youngster write symbols for math operations (+, -, x, ÷) on separate index cards and place them in the container along with the small objects. Now she can use the kit to solve homework problems or fun word problems that you give each other. **Example:** "Seven monkeys each had 1 banana. Two monkeys ate theirs. How many bananas were left?" Your child might make one group of 7 buttons, move 2 buttons into a separate group, and put the "-" card in between. By counting the number of buttons left, she will solve the problem:  $7 - 2 = 5$ .



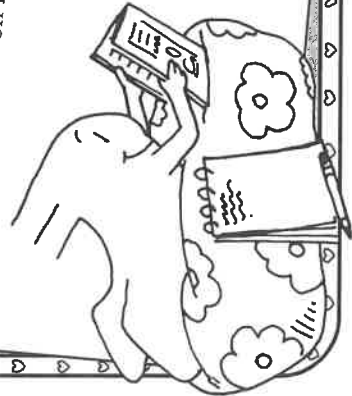
### READING

#### Connect with stories

Build your youngster's reading comprehension by encouraging her to connect books to her own life.

**Ingredients:** notebook, pen, books

Suggest your child start a Story Connections journal with one section for "Characters" and another for "Events." After she finishes reading a chapter or section, she can reflect on how the characters and events relate to her life.



For "Characters," she might imagine she's friends with someone in the story and write about what children, they like the same sports). Under "Events," she could mention happenings that mirror her experiences (starting a new school, adopting a dog). How many connections can she make for each book she reads?

### STEM

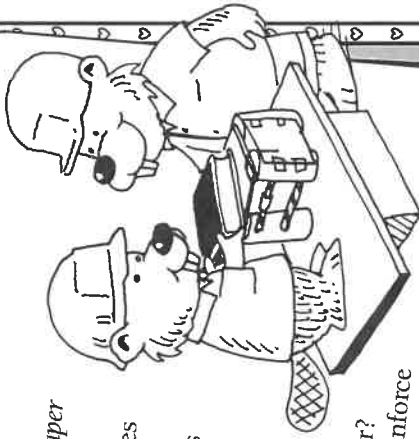
#### Design a miniature fort

Your youngster can boost critical thinking and engineering skills by creating a mini-fort with household objects.

**Ingredients:** hole-punch, paper towel or toilet paper tubes, straws, cardboard, scissors, tape

Help your child use a hole-punch to make holes along empty paper towel or toilet paper tubes. Then, he could thread straws through the holes and tape on cardboard pieces to build his fort.

Suggest that he experiment with making a two- or three-floor fort. Have him test the "load," or weight, by placing objects on the floors until they collapse. How might he make them stronger? (**Examples:** Tape together cardboard pieces, or reinforce them with duct tape.)



### POETRY

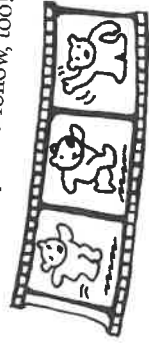
Enjoy poetry together with fun read-alouds. Take turns picking out favorite poems and reading them to each other.



Or read to your youngster while she acts out each line ("I'd rather kiss a frog...").

### PATTERNS

Help your child work out his wiggles with patterns. Start with two movements—"jump, jog"—and have him do them over and over for 1 minute. Then, add another movement: "jump, jog, wave." He will enjoy creating patterns for you to follow, too!



# Recipes for Success

Practical Activities to Help Your Child Succeed



## VOCABULARY That sounds familiar!

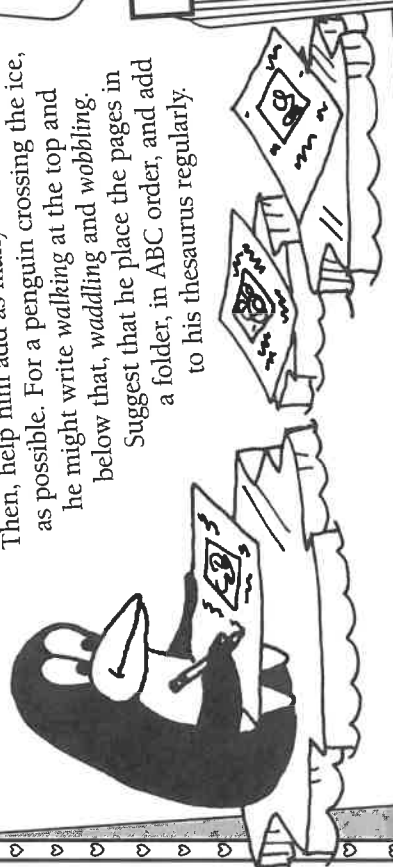
Here's a fun way for your child to learn about words with similar meanings by making his own thesaurus.

**Ingredients:** *magazines, photographs, tape, paper, markers*

Ask your youngster to gather family photos or cut out interesting pictures from magazines. He can choose one at a time, tape it to the top of a sheet of paper, and write one word describing it.

Then, help him add as many similar words as possible. For a penguin crossing the ice, he might write *walking* at the top and below that, *waddling* and *wobbling*.

Suggest that he place the pages in a folder, in ABC order, and add to his thesaurus regularly.



## Congratulations!

We finished \_\_\_\_\_ activities together on this poster.

Signed (parent or adult family member)

Signed (child)

## SYMMETRY

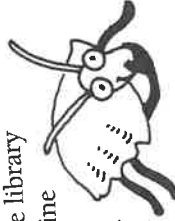
Place a ruler on a table. Have your child use toothpicks or dry pasta to create a symmetrical design—each side should be a mirror image of the other. He could place one piece at a time on each side, making sure they're in the same position. Take a



picture so he can remember what symmetry looks like!

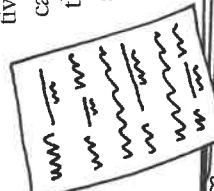
## RESEARCH

Go on a bug hunt to look for stink bugs, spiders, or other insects. Suggest that your youngster take along paper and sketch the bugs. Then, have her use library books or look online to find out more about each insect.



## GRAMMAR

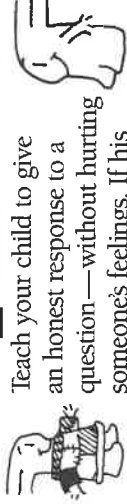
Practice parts of speech with fill-in-the-blank stories. Together, create a tale, leaving blank spaces labeled with parts of speech (noun, verb, adjective, adverb). Say each category, and write in the word your child supplies. Then, let her read the silly story aloud.



# Character Corner

## HONESTY

Teach your child to give an honest response to a question—without hurting someone's feelings. If his friend asks, "Do you like my sweater?" instead of saying, "No," he could say, "It looks comfortable." That way, he's being honest *and* kind.



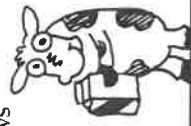
## DEPENDABILITY

Being dependable means people can count on you to do what you say you will do. Have your youngster keep a list of times she follows through on things, such as returning her brother's game when she promised. How long will her list grow?



## RESPECT FOR THE EARTH

Make it a family habit to point out food sources in everyday life, such as cows in a field or an apple tree in a yard. Knowing how the planet gives us what we need can help your child want to take care of it.



## HISTORY

Help your youngster create a museum to celebrate his personal history. He might display the first tooth he lost, a specimen from his rock collection, or a ribbon from a gymnastics competition. He can add a card explaining each item—and then give you a tour!

